

CHOOSE RESPECT

RESPECT IS TO TREAT WITH CARE AND CONSIDERATION

Choose Respect Network Ltd
ABN: 31 134 759 621

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RESPECT MATTERS

The Official Newsletter of the Choose Respect Network Ltd

Community Event a Night to Remember

NOT even a power blackout could dampen the spirits of around 150 people who attended the Choose Respect Event at Carey Park Primary School in November.

The event, a celebration of the success of the Choose Respect Champions, drew a large crowd of existing supporters and those interested in finding out more about how they can make a difference in their community.

There were also many Carey Park Primary School children and parents who attended to help make the event a success.

"It was a great evening, despite the blackout, which occurred towards the end of the event when the formal part of the evening was drawing to a close," Sarah-Jane Smith, Choose Respect Project Facilitator said.

"The speakers were really motivating and gave everyone a taste of what being a Champion of Choose Respect is all about.



Carey Park Primary School students perform at the Choose Respect Event. Jaicie Atthowe takes centre stage.

Cliff Reeve and Nay Pearce from "Wake Up" on Radiowest inspired the audience with their stories about how respecting others can prevent conflict. Nay talked about how important it is for children and adults to have a healthy level of self respect.

Brian Kennedy, recently announced WA Senior of the Year, talked about using Choose Respect to help mentor young people at the Bunbury Runners club and his battle to overcome cancer and organise South West Bike Week.

For more information on Choose Respect in Bunbury call Sarah-Jane Smith on 0409 167 804 or e-mail sarah-jane.smith@chooserespect.org.au

See inside for more pics from the event and a story on the winners of our student poetry competition. Slam Poet Kate Wilson also performed on the night.

Choose Respect in Bunbury is sponsored by:



Government of **Western Australia**
Department of **Local Government**
and **Regional Development**

Choose Respect in Australind is sponsored by:



Worsley Alumina

Choose Respect is supported by Go West Tours.



"Champions are ordinary people in the community who help us spread the Choose Respect message simply by treating everyone around them with care and consideration.

"The performances from students were amazing. They stole the show with their own interpretation of Kate Miller-Heidke's song, 'Caught in the Crowd' and their lively rendition of the Choose Respect song.

"The teachers and parents must be very proud of the way they have used Choose Respect to create a better school environment for everyone."

The evening included presentations from the Local Member for Bunbury John Castrilli, MLA who talked about how anyone in our community can be a champion and the ability we all have to make a difference to the lives of others.



Radiowest Wake Up host Cliff Reeve with Choose Respect Project Facilitator Sarah-Jane Smith and Wake Up co-host Nay Pearce.

Young Poets Respectful Tributes

THE CHOOSE Respect Network ran a short story and poetry competition in October supported by the *Bunbury Mail*, Treendale estate and Grand Cinemas.

The winners of the competition were announced at the Respect to All – Choose Respect community event in November 2010. Entrants were asked to write a poem about “respect” and “treating with care and consideration”.

In the 12 and under category the prize winners were, in first place: Courtney Prosser from Parkfield Primary School and in second place: Lakshana Parameswari Thanigai Arasu, from Carey Park Primary School.

In the 9 and under category Chelsea Te Hemara was awarded first prize and the runner up was Joanna Jetta. Both of these students were from Carey Park Primary School.



Courtney Prosser from Parkfield Primary School recites her winning poem.

The prize winners received a double pass cinema ticket donated by Grand Cinemas in Bunbury and a bookshop voucher donated by Youngs Bookshop in Bunbury.

Courtney Tomane from Adam Road Primary School also received a Youngs Bookshop Voucher for reciting a poem that she wrote for the launch of Choose Respect at Adam Road Primary School last year. The prizes were awarded to the students by Choose Respect Champion and local Member for Bunbury, John Castrilli MLA.

Courtney received her prize from local Slam Poet Kate Wilson who also gave a vibrant performance at the event. Kate recently competed in the Australian Poetry Slam state finals.

The Choose Respect Management Team would like to thank everyone involved in running the competition and all the students who entered.



John Castrilli gives the opening presentation at the Event before presenting the prizes to students.

Bunbury Senior High School First in Supporting Choose Respect

BUNBURY Senior High School has joined the Choose Respect Initiative by putting up four highly visible Choose Respect signs in student areas.

With many of the primary schools in the Bunbury community now adopting Choose Respect it was important to see high schools supporting the initiative too.

Choose Respect will complement the existing values program used by Bunbury High School.

With Choose Respect now being heavily promoted in the Bunbury region through local businesses it made sense for the near-by high school to promote Choose Respect within the school community too.

Bunbury Choose Respect Project Facilitator Sarah-Jane Smith said that it was very encouraging to see a high school supporting Choose Respect.

“We’d like the Choose Respect message to be carried through from early primary school years to high school. That way students won’t forget about the importance of Choosing Respect in their high school years.”

Bunbury Senior High school Principal Craig Pettit said that teaching students to respect themselves, others and the environment was particularly important and something they had worked very hard to instil in their students.

For more information on becoming a Choose Respect school visit www.chooserespect.org.au



Bunbury Senior High School Principal Craig Pettit in front of one of the Choose Respect signs.

Bunbury Motel: Choose Respect a Worthwhile Cause for Community

WHEN it comes to Choosing Respect and supporting the Choose Respect movement every bit of support counts and helps us to ‘foster a culture of respect in our community’.

The Bunbury Motel is a long term supporter of Choose Respect. The Motel started providing reduced rate accommodation to Gary Butcher, Choose Respect Managing Director, more than two years ago when he started visiting Bunbury to assist with the roll-out of Choose Respect in the City.

As part of the Motel’s commitment to the cause they have placed a Choose Respect poster, demonstrating their support, up in their office. Bunbury Motel Manager Gilbert Dingjan said: “We are delighted to support Choose Respect as Gary has supported us. We like to support worthwhile causes within the local community and this is something we certainly see as worthwhile.”

Hay Park Sign a Landmark Success for Choose Respect

IT WAS a grand sight for all involved in making it possible - a large Choose Respect sign on the side of the Len Nisbett pavilion off the entrance to Hay Park. The Bunbury Choose Respect committee worked with the City of Bunbury and local sporting groups to seek support and approval for the sign.

The sign, installed in November 2010, will serve as an ongoing reminder to visitors and Bunbury residents of the importance of Choosing Respect.

Choose Respect Managing Director Gary Butcher said he was delighted to see such a large sign go up in a high traffic area.

"It is certainly something we'd like to see more of around the Bunbury area.

"We sincerely appreciate the support of the City of Bunbury in helping us to make this happen."

To celebrate this achievement the Bunbury Choose Respect Management Team got together for a photo.

Members of the Team include: Peter Rigden (absent from photo), Carey Park Primary School Principal and Chairman of the Team; Karen Collins, Bunbury Early Years Network Coordinator; Adam Johnson, former Community Development Officer, City of Bunbury; Heidi Martin; Shirley Gibaut; and Leanne Maher from John Castrilli's Bunbury Office.



Members of the Choose Respect Management Team: Karen Collins, Adam Johnson, Heidi Martin, Shirley Gibaut and Leanne Maher in front of the new Choose Respect sign at Hay Park.

If your organisation or business would like to put up a Choose Respect sign on their building contact Sarah-Jane Smith on 0409 167 804 e-mail sarah-jane.smith@chooserespect.org.au

It doesn't take much to show your support for Choose Respect and we can all do our bit. Forrest Personnel's Kelli Carlisle has put up a Choose Respect Code of Behaviour poster in her office as a reminder to herself and her clients of the importance of Choosing Respect.

Kelli found out about Choose Respect through Carey Park Primary School. Her children went to school at Carey Park Primary school and Kelli believes Choose Respect has made a remarkable change within the school. Kelli also thinks that Choose Respect will help students to cope with difficult situations later in life so it's a great way to prepare students for the real world!

To receive a list of the Choose Respect resources available e-mail sarah-jane.smith@chooserespect.org.au

South West Junior Football League Presentation



South West Junior Football League President Scott Buchanan, Choose Respect Managing Director Gary Butcher, with Year 12 Best and Fairest player Seve Grantis from the Augusta Margaret River Junior Football team and League Secretary Vance Burton.

IN SEPTEMBER 2010 Choose Respect was pleased to be invited to give a presentation at the South West Junior Football League wind up.

It was an important night for the league with coaches, officials and players from across the South West getting together to announce the winning teams and the best and fairest players.

Choose Respect Managing Director Gary Butcher and Project Facilitator Sarah-Jane Smith attended the event. Gary's presentation gave the audience a snapshot of the Choose Respect Initiative and explained what it might look like if it was implemented by an organisation such as the South West Junior Football league.

Gary Butcher said: "It was a great opportunity for us to spread the Choose Respect message to a group of very influential people.

"When I asked who had heard about Choose Respect most people put up their hands.

"This shows our awareness raising strategies have worked

but we still have a lot to do in order to encourage more Champions to join our ranks and help us implement Choose Respect in Bunbury."

The Choose Respect team are looking forward to working with the South West Junior Football League in the 2011 season.

We are the Champions: Brian Kennedy, an inspiration to all!

THE 2010 WA Senior of the Year and organiser of South West Bike Week is a strong believer in Choose Respect and the importance of giving back to his community.

If you were looking for the perfect Champion of Choose Respect you couldn't get much closer than Brian Kennedy. Last year Brian provided ongoing support to Choose Respect through his various roles within the community.

Brian has been a supporter of Choose Respect since the early days, when he first heard about it through John Castrilli's office and immediately decided it was something he wanted to support.



Choose Respect Managing Director Gary Butcher with Brian Kennedy at the Respect to All Community Event.

Last year Brian approached Choose Respect about getting involved in South West Bike Week. As a Cancer Survivor, Brian had been organising the event for a few years to help raise funds for South West Cancer Patients to attend Balya Cancer Retreat. Although Choose Respect was not in a position to contribute financially to the event the Choose Respect Management Team were all in favour of supporting Brian in his role as a Champion. As a result of these discussions Choose Respect was lucky enough to partner with Natural Temptation Café, one of the major sponsors of the event, who put together their own group of riders. The bike riders wore bright red riders' shirts which included the Choose Respect logo.

Brian was also one of the speakers at the November 2010 Choose Respect Community Event.

All and all it has been a very big year for Brian and we would like to wish him every success for 2011 and thank him for his support.

Anyone can be a Champion of Choose Respect. You simply need to make a conscious effort to Choose Respect in your home, workplace or school and follow the Choose Respect Code of Behaviour. To find out more call Sarah-Jane Smith on 0409 167 804.

Business in Focus: Natural Temptation Café

Natural Temptation Café is a well established and very successful business in the Bunbury community. It has become well known for its delicious, fresh, natural, healthy food.

Last year Annie Malone, Owner/Manager of Natural Temptation Café, located in the Centrepoint Shopping Centre, signed up to be a Choose Respect business and helped us promote Choose Respect to the wider community.

Later that year Natural Temptation agreed to promote Choose Respect as part of the South West Bike Ride.



Some of the members of the Natural Temptation riding team at the South West Bike Ride presentations, including Café Owner/Manager Annie Malone (2nd from left) and Choose Respect Management Team Member Heidi Martin with Project Facilitator Sarah-Jane Smith (the only non-rider in the photo!)

As part of these promotions Natural Temptation put the Choose Respect logo on their riders' shirts and all the riders in the Natural Temptation Café team proudly wore the colourful shirts while completing the ride.

Annie Malone said: **"I am very excited to be part of the Choose Respect Program and look forward to incorporating the message into more of the cafe's promotions in 2011."**

Natural Temptation's philosophies fit well with the Choose Respect Code of Behaviour and eating well is one way you can "treat yourself with respect".

If you are a Bunbury business manager you may have been visited by Choose Respect's intrepid foot soldier and Management Team member Heidi Martin. Heidi volunteers her time to inform local businesses of the benefits of promoting Choose Respect.

By promoting Choose Respect in your business you are reminding your customers that you will treat them respectfully and provide good customer service.